



Prevention: Responsible gambling

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For gambling to remain what it is really supposed to be, namely fun and entertainment, there are some tips that can be followed:

- Only gamble with leftover money, which means with money that is not needed for rent, food etc.
- Do not gamble to "earn money". The only winner in gambling is the one who is lucky – and no one can influence that
- Only gamble with your own money
- Before gambling place a limit on time and money – and stick to this limit, whether winning or not
- Do not try winning back money lost gambling
- Gambling should only be one of many leisure activities

